

Is your loved one addicted?



North Reading
**COMMUNITY
IMPACT TEAM**

The North Reading Community Impact Team
invites the community for an informal discussion with

Learn to Cope

Wednesday, September 16th

7:00pm-8:00pm

O'Leary Senior Center, North Reading

Topics include:

How do I support an older addict?

How to identify signs of substance use?

How can I set healthy boundaries?

The discussion will be led by Kathy Day,
Northeast Regional Manager for Learn to Cope



**RSVP at (978)664-5600 or
northreadingcit@gmail.com**

You do NOT need to give a
name, this is for occupancy only

Learn more at learn2cope.org